

Our Mission

Hope Family Health Center provides integrated medical and behavioral health services to the uninsured living in the Rio Grande Valley.

Through an integration of services including primary medical care, case management, behavioral health counseling and peer support in mental health recovery HOPE has the opportunity to serve a patient's multiple needs in one visit.

Contact



Clinic Hours

Monday: 7:30am-1:30pm
Tuesday: 8am-6pm
Wednesday: 8am-7pm
Thursday: 8am-6pm
Friday: 7:30am-1:30pm
Saturday: 8am-1pm

Fax

(956) 971-9377

HOPE is located at

2332 Jordan Rd, McAllen, Texas 78503

Email Us: hopefamilyhealthcenter@gmail.com

Phone: (956) 994-3319

All Services are by Appointment Only

Non Discrimination Clause

No person will be discriminated against because of age, race, color, religion, gender, sexual orientation, disability or national origin.

Community Hope Projects, Inc doing business as HOPE Family Health Center is a 501(c)(3) non profit organization providing care since 1996. Doctors, PAs and Nurses at HOPE are volunteers from the local medical community who donate their time to serve the uninsured. Therapy providers are grant funded Licensed Clinical Social Workers, Master Level Social Workers, and/or Licensed Professional Counselors.



HOPE

Family Health Center
- Established 1996 -

Providing Services THROUGH MIND, BODY AND SPIRIT

hopefamilyhealthcenter.org

CALL US TODAY (956) 994-3319

As a patient of HOPE you will have access to multiple services including:

Medical Care

Primary medical care includes annual exams, diabetic screening, education and treatment, diagnostic testing and care for men, women and children.

Behavioral Health Counseling

Individual, group, couple and marital counseling services are offered at HOPE. Treatment and counseling for depression, anxiety, trauma, stress and other obstacles are available.

Peer Support through your recover

In late 2015 HOPE will have a peer support program to assist individuals experiencing behavioral health struggles. Peer Support Specialists are people who have lived through recovery and use their experience to assist others in regaining hope, lead to a path of wellness and move forward in achieving their goals.

Laughter Yoga

Certified Laughter Yoga Leaders hold weekly Laughter Yoga Groups. The natural laughter that comes in our daily life lasts for just 3-4 seconds here and there and is not enough. To get the scientifically proven health benefits of laughter, we need to laugh for at least for 10 to 15 minutes. Try Laughter Yoga!!!

Care/Case Management

Our case management team assists patients with medical, mental health, and social resources in the community. In addition, patients who are referred to specialty care and laboratory services meet with the case manager to help assess their needs. Each patient's health plan is developed by their Care Manager. Together with this resource patients are able to find the best health plan for their needs.

Nutrition

Medical staff is trained in nutritional education to help patients achieve their health goals. In addition, HOPE has a partnership with the Salud Y Vida Program, a program with the mission of helping people with uncontrolled diabetes in the Rio Grande Valley to achieve optimal health.



Who Qualifies for Services?

Any individual who does not have medical insurance qualifies for services. HOPE does not accept any form of insurance. If you have insurance HOPE has wonderful partners in the community where we can refer you. Thank you for allowing us to serve the uninsured of the LRGV.

Process

A patient must complete an enrollment form for services and provide: picture ID, proof of income, proof of address. Appointments are scheduled with a physician. *Currently walk ins are not accepted. Individuals must be a registered patient with HOPE to receive counseling or medical services. HOPE is not an emergency or walk in clinic.*

Is there a cost? Fees

HOPE does not charge for services at the clinic, however we do ask for and encourage patients to donate a \$5-\$10 for services. Patients are responsible for payments to third party providers, including labs, referrals and specialty care. Should patients need assistance with payment they may speak to our Case Manager.